

# Painkillers

Anti-inflammatories (like ibuprofen) can help reduce sensitivity from teeth. Combining paracetamol and ibuprofen has also been shown to be effective.

There is currently no strong evidence that drugs like ibuprofen can make COVID-19 worse.

If you have **no coronavirus symptoms** carry on taking ibuprofen as normal.

So until we have more information, take **paracetamol to treat symptoms of coronavirus**, unless your doctor has told you paracetamol is not suitable for you.  
(Updated: 20 March 2020)

Painkillers should always be taken in accordance with instructions on the packet. Taking too many tablets, or taking medications incorrectly **will not improve your symptoms**, and can cause serious stomach and liver injury which can be **life threatening**.

